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Rejoice Nsibande ^a & James Garraway ^b

^a Department of Education Innovation, University of Pretoria, Pretoria, South Africa

^b Fundani Centre for Higher Education Development, Cape Peninsula University of Technology, Cape Town, South Africa Published online: 23 May 2011.

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Professional development through formative evaluation

Rejoice Nsibande^a* and James Garraway^b

^aDepartment of Education Innovation, University of Pretoria, Pretoria, South Africa; ^bFundani Centre for Higher Education Development, Cape Peninsula University of Technology, Cape Town, South Africa

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Formative evaluation and its associated methodology of reflection on practice are used extensively in academic staff development. In reflecting on formative evaluation processes in both more traditional and newer programmes conducted at a university of technology, a number of variables reported in the literature were observed to have influenced academic staff members' ability to reflect and change practice. Drawing on illustrative cases, this paper argues that explicit attention needs to be given to additional variables concerned with the nature of the knowledge being taught, academic identity, and the availability of a community of educational practitioners if academic developers are to foster critical reflection as an essential element of formative evaluation and productive change in practice.

Keywords: professional development; reflection; formative evaluation; communities of practice; identity

Introduction

In this paper we reflect on a project that attempted to use 'formative evaluation' as a tool to improve teaching and learning. Higher education in South Africa generally under-performs across all race groups when compared with similar developing countries. What is even more concerning is that the already low graduation rates are racially skewed with, for example, white engineering students being twice as likely to graduate compared with black students (Scott, Yeld, & Hendry, 2007).

The standard of teaching and the ability to change practices to meet the needs of new students has been identified as a significant causal factor in low graduation rates, though poverty and inadequate preparation also play a role (Letseka, Breier, & Visser, 2009; Scott et al., 2007). Using formative evaluation to improve teaching and learning is thus of great importance in achieving educational transformation in South Africa.

Following McAlpine, Weston, Berthiaume, Fairbank-Roch, and Owen (2004) we understand formative evaluation to involve lecturers in standing back from their classroom experiences to some extent in order to assess what is happening and, where necessary, to come up with new practices. Formative evaluation draws strongly on the concept of the 'reflective practitioner' (Boud & Walker, 1998; Cochran-Smith & Lytle, 1999; Schön, 1987) as a model for academic development. Despite some identifiable shortcomings, Schön's approaches and the concept of the reflective practitioner in

^{*}Corresponding author. Email: Rejoice.Nsibande@up.ac.za

general have been enthusiastically taken up in higher education research and development studies (Boud & Walker, 1998; Brockbank & McGill, 1998).

The issue of lecturers' knowledge has been referred to in the literature on professional reflection. Where either pedagogical or content knowledge is under-developed, then lecturers may experience difficulty in productively using reflection to improve teaching (McAlpine et al., 2004; McAlpine & Weston, 2000). The situation may be exacerbated, we suggest, in new fields of study in universities of technology where there are neither well-developed knowledge structures nor established communities of educational practitioners. The cases presented in this paper illustrate some of the ways lecturers' knowledge mediated their capacity to learn through reflection.

Reflection as a strategy for professional development

Schön (1987, 1995) has been a major proponent of reflection as a tool for professional development. Experience alone is not enough. For experience to become learning and knowledge the learning process needs to be: (1) stopped in time; (2) described (making the tacit explicit); (3) analysed; and (4) considered at some length. In the analysis and consideration stages the experience shifts from the specific instance in which it occurred to a more general realm of knowing (Criticos, 1993; Schön, 1987).

Boud, Keogh, and Walker (1985) attempted to articulate the process of learning through reflection on experience in a way that was both simple enough to use and adaptable to a variety of contexts. As with Schön, the process described was first one of 'surfacing' a past event through describing it as fully as possible. This was then followed by reflection on the issues and feelings related to the event, with particular attention being paid to what could obstruct and what could support further reflection. The third stage of the reflective process involved the integration of the first two stages with other experiences and learning, and the creation of a personalised narrative that made sense in terms of the individual's practice.

More recent work on reflection has been critical of these earlier, more simplified process models for underplaying the role of the context in which reflection occurs, and some of the complexities involved in performing reflection. These critical examinations revealed first that more attention needed to be given to the intent of the individual reflecting (Boud & Walker, 1993). McAlpine and Weston (2000), for example, stress the importance of staff's motivation to reflect on and improve practice, especially where the root of the problem is perceived to lie outside of their influence (for example, class size or student profile).

Second, barriers to reflection and learning had not been adequately explored, as the focus in the literature had been more on supporting positive feelings towards reflection. Barriers could be internal, related to the individual's feelings, abilities, and dispositions or external, related to the institution, its values, rules and reward systems (though Boud and Walker [1993] recognised that internal barriers may have external causes). Reflection to improve and transform practice is both a very personal and challenging practice, potentially opening up the practitioner to critique. The activity of reflecting on teaching may thus 'leak' into larger areas of concern that also may be directed at academic developers or researchers. As Boud and Walker (1998, p. 194) describe it: 'reflective activities may lead to great personal distress'. This kind of distress can form an internal barrier to reflection needs to occur within a protected space where teachers can address their concerns without fear of consequence. Where reflective

practices are situated by the lecturer within a quality discourse of policing rather than developed through a discourse of learning and support (Boughey, 2001), teachers may only engage superficially or even resist reflective activities (Boud, 2001).

Third, there needs to be attention paid to the nature of the event reflected on; what was significant about the event, or what made it 'noticeable' to begin with (Boud & Walker, 1998, p. 76). Academic staff may lack the knowledge needed to notice teaching and learning events that may warrant reflection (McAlpine & Weston, 2000). Thus, there needs to be more focus on reflection-in-action (Schön, 1987). Furthermore, changing teaching in response to these stimuli (reflection-on-action) would also require sufficient knowledge of the field and of pedagogy, or pedagogic content knowledge (McAlpine & Weston, 2000; Shulman, 1987).

One aspect of limited knowledge of the field and pedagogy may be that the process of reflection is self-confirming rather than critical (Brockbank & McGill, 1998). The authors suggest this can be avoided through asking teachers not only to reflect on action but also to examine and challenge their firmly held beliefs. Such a process may also be instrumental in helping lecturers move beyond simply changing an element of practice and towards developing more advanced thinking in which new hypotheses or knowledge constructs may emerge (McAlpine et al., 2004).

The problem of knowledge in reflection

Though knowledge is acknowledged in the literature as an enabling factor for productive reflection (McAlpine et al., 2004), not much has been said about the different types of university disciplines or of their socio-cultural bases. The nature of university knowledge fields has traditionally been described using Becher and Trowler's (2001) field dimensions of hard and soft and pure and applied. A field such as Engineering would fall into the hard applied category, Education and Business Studies into the soft applied category, and pure Physics and History would be examples of hard and soft pure fields respectively. The fields are not only constituted by the type of knowledge they include, but also by the typical shared values and practices within that field. Each field thus has both knowledge and a social base.

The applied fields are what Bernstein (2000) describes as 'regions' in that they are often derived and selectively constructed from a number of pure fields. Not everything in each of the contributing pure fields would be relevant to the applied field. Exactly what is chosen from each pure field would be influenced by the knowledge needed and typical practices of particular professions such that the resultant mix has an outward-looking logic to its curriculum construction (Barnett, 2006).

Some applied fields, such as Engineering and Education, have a long history in universities. Lecturers in these fields have developed a strong community of practitioners who share and develop their knowledge bases and teaching practices, often through dedicated teaching journals and conferences. A sense of identity as a professional educator is potentially quite strong. There is also a large corpus of knowledge about disciplines and practices and debate to draw on in designing and implementing the curriculum. There are thus 'robust' tools and opportunity for innovation in the curriculum (Muller, 2008, p. 18).

Newer academic fields derived from new 'fourth generation professions' (Muller, 2008), for example in hospitality or certain business- and information-related work, may not exhibit such a strong community of practitioners orientated around stable but developing knowledge bases and teaching practices. Practitioners in these fields

would be less likely to hold strong professional academic identities. Consequently, a practitioner's identity may be more outward looking (focussing on work practices), and the underlying knowledge to critique and be innovative with curriculum knowledge and practice is likely to be under-developed (Beck & Young, 2005; Muller, 2008).

Shulman (1987) makes a similar point with his concept of pedagogical content knowledge. This involves understanding the underlying theory, concepts and rules of teaching in the discipline rather than just its more superficial procedural form. Where this knowledge is weak then lecturers may lack the resources to adapt their teaching to changing circumstances or to the needs of their students.

The context of the evaluation project

The project described in this article was conducted in a university specialising in technology in South Africa. Such universities, being concerned with the delivery of tertiary vocational knowledge, place much emphasis on lecturers' workplace knowledge and experience and less on their academic or pedagogical knowledge. The teaching fields are thus both applied and outward looking, though the degree of robustness in terms of their knowledge base and pedagogy may differ.

The quality of teaching at faculty level has been predominately supported by what is referred to as 'marks reviews'. Here, lecturers whose students have under-achieved (usually, the average course end mark is less than 60%) in a subject are called to task by the head of department (HoD) and asked to explain students' poor results and to come up with ways to improve student marks. The HoD then presents this information to the marks review committee consisting of the Dean, Deputy Dean, Quality Manager, other HoDs and representatives of the Academic Development Unit. The brief of the committee is then to evaluate an academic staff member's intended solutions to improve practice. As members of the Academic Development Unit listening to these presentations, we were struck by the shallowness and lack of academic rigour demonstrated, with staff usually laying the blame on students' under-preparedness or poor attitude to learning. There was no serious critique or challenge to current practices.

To address these observations, a second phase of the marks review was designed to involve lecturers in engaging reflectively with their teaching.

Methods

Three subject evaluations derived from the marks review process and one voluntary evaluation requested by the subject lecturer (Engineering 2) were conducted by the authors in 2007–08. We first had meetings with staff who taught the subject being evaluated to ascertain issues contributing to the poor performance of students. The purpose of this consultation was to facilitate a process where the evaluation addressed issues that teaching staff saw as crucial rather than issues of interest to the evaluators (Patton, 2002). In addition, we were careful to present the project as one of enhancement rather than surveillance, and to indicate to staff the benefits that could accrue to them from the evaluation project. Following these same principles, students were also interviewed. In the initial discussions with lecturers and students we made it clear how the data collected in the process would be used. For instance, they were assured that information collected would be treated as confidential and used for writing reports as per HoDs' requests, but where there was potential, it could be published academically

to promote debate on the nature of academic development work. There was no objection to this plan as long as their identities were protected.

We then observed and recorded lectures presented by each of the lecturers. Videorecorded lessons were used in two ways. First, the evaluators reviewed them to get a 'feel' of how students were taught and what they were doing during the teaching. Second, they were used as a tool to stimulate reflective discussions between the evaluator and the lecturers, a form of 'professional dialogue' (Nsibande, 2007). Lecturers were asked to point out what they were doing at particular points and why they were doing it that way. The review was done individually and in an unstructured way to allow engagement with issues relevant to each lesson (Henning, 1999). In addition, materials (textbooks, notes, etc.) were also examined for their usability, particularly if this was an issue raised by students or staff in the interviews.

Interviews, discussions and observations of staff in the classroom provided us with data on how the subject was typically taught as well as staff responses to formative evaluation. We were also able to construe the nature of the subject and something about the lecturer's background.

The data for each of the formative evaluations conducted were written up in the form of anonymous vignettes, which allowed us to compare the different evaluations without revealing from which department they were derived. The vignettes were developed from actual formative evaluation reports submitted to the staff interviewed and to the HoDs. Though the reports themselves were openly discussed, the vignettes represent more of the academic developers' theoretically derived views on the underlying issues and tensions in the reports.

Four formative evaluation vignettes

Engineering 1

The field is a developed field, strongly aligned to Physics and Mathematics. There is a strong local community of educators with a journal published twice yearly and a national conference held every two years. The lecturer has come from a science education schooling background and is not an engineer. The classes are approximately 70 in size, with students at desks in rows. The lecturer does examples of calculations on the whiteboard, often illustrating them with practical examples, and students attempt to solve similar problems on their own or in groups. There is a textbook to support students in their learning. The lecturer has been asked by the HoD to meet with us to discuss possible changes to teaching practices, as students are performing poorly in the final exams.

The lecturer is unhappy with the evaluation process and feels that the evaluation is targeting their teaching, whereas there are other less effective or 'needier' teachers who are not being evaluated. The lecturer also felt that much of the problem lies with students' under-preparedness and poor commitment to work (a common complaint) rather than anything attributable to classroom practices.

In general, students are very positive about their lecturer, though some areas for development were revealed. In one instance we identified strong support for formative peer marking as a method to provide a richer learning experience for students. The staff member's initial response was negative as this suggestion had already been tried and had not been very successful. The staff member later came around to the idea of peer marking and supported its development but only after becoming aware that what was being proposed was quite different from his/her original understanding.

Engineering 2

As above, there is a strong discipline base in Physics but also including Chemistry, and there is a well-developed pedagogic field. The lecturer is ex-industry but has taught for many years and engaged with peers on issues of teaching and learning (through workshops and conference attendance, for example). The class is in the same format as Engineering 1 but the lecturer attempts to develop a more active, conceptual development focus. Again, there is a textbook and there are many available materials from the Internet to support student learning.

The HoD is aware that students are performing poorly and that they are not happy with their lecturer, but the lecturer rather than the HoD has approached us for an evaluation (if s/he had not done so s/he would have anyway been asked to do so). In discussing issues raised by students with the lecturer, we were worried that the student comments might appear to be very harsh.

However, while other lecturers tended to dwell on how students were a problem, this lecturer did not avoid looking critically at his/her own practices. The lecturer had attempted more interactive, inquiry-based lectures to promote learning. But students were critical of the lecturer not seeming to have a clear structure to his/her lecture, and going off in different directions in response to student queries, or with illustrative metaphors that students found were off the point, often resulting in a failure to finish the lecture on time. In addition, students were often asked to discuss among themselves, which took time. The lecturer acknowledged that his/her class was too 'freeflowing' and that more structure in the form of a 'road map' and connections across lectures were necessary.

Management

The field in which this lecturer worked is relatively new, unlike the more traditional Engineering field. The subject is concerned with aspects of production organisation, management, and quality. The subject is largely practice-based and strongly influenced by expectations from industry that the university will produce graduates who are able to execute tasks on the production floor. In other words it is quite procedurally focussed. The key disciplinary bases within the subject are quantitative literacy and organisational studies, which are themselves regions derived from other subject and experiential bases, and are thus somewhat ill-defined. There are textbooks available but lecturers prefer to write their own notes based on their experiences in industry. There is no evidence of a community of practitioners concerned with developing knowledge and practice in the field. This field does not have a strong academic tradition with few or any students proceeding beyond diploma and degree level. The classes of 60 or so students are conducted in a banked lecture theatre. The lecturer demonstrates calculations on the whiteboard, then students do their own calculations individually, offering answers and receiving feedback.

The lecturer had been requested by the HoD to meet with us and to be evaluated. The evaluation process was one which they perceived as unfairly targeting him/her, leading to frequent extreme emotional discomfort. In discussion, this staff member felt s/he was trying to teach as well as possible, but that the students were the problem and this was simply not being acknowledged by either the HoD or us as evaluators. In response to suggestions as to how the classroom might become more active and conceptually demanding, we found that the staff member believed that s/he was already doing that and that no new changes were necessary, though this selfassessment was inconsistent with our observations of teaching. Generally, we found the lecturer to be protective about current practices and hence resistant to change.

Health

The health subjects were situated within a well-established health education field, though there was no evidence of local education conferences or journals or a strong, local community of practitioners. The community, rather, seemed to be at some distance, in North America and Europe. The subjects in question were applied biology and human physiology. There is a very comprehensive textbook that is formatted more like a resource manual than a guide to learning. It is very large and unwieldy (weighing in at 5kg). The initiative to evaluate the subjects had come from both the HoD and the staff themselves. Staff had already tried to do some evaluation of their own by distributing a questionnaire to students, but were at a loss as to how to address the problem of poorly performing students. Hence, it was requested that we perform an evaluation.

The lecturers were all health professionals who had been teaching for extended periods. In this particular profession, teaching staff have to complete a postgraduate teaching certificate to teach at university.

Staff found it difficult to engage with different approaches to teaching. They did not see any reason to change their own practices as, in their own words, 'they had been teaching like this for years'. Most of the problems experienced by staff were ascribed to the poor quality and attitudes of students who, staff felt, were forced on them by government and institutional policy. The evaluators were sometimes treated with hostility; as in Engineering 1 and Management, staff experienced the evaluation process as an emotional and seemingly threatening aspect of their work.

Discussion of vignettes

In reflecting on the vignettes, the sense that engaging in reflective processes about problems with teaching may lead to some form of censure is evident in all but Engineering 2's perceptions; lecturers experience the evaluation process as quite distressing. This finding links back to Boud's (2001) observation that there is a need for a protected space for teaching development, away from the eyes of managers. In using the institutional review mechanism as a starting point for formative evaluation, we may have fallen into the trap raised in Sue Clegg's (2008, p. 3) think-piece, that academic development practitioners 'can find themselves positioned precariously between senior academic management and academic staff'. Rather than being understood by staff as an opportunity for self-development, the evaluation was seen as potentially censorious in that it revealed staff's weaknesses to management. This in part explains why Engineering 2's responses to the reflective evaluation were so positive. In this case, participation was voluntary. However, we cannot ignore the institutional marks review process and the need to improve on this by making it more reflective and developmental. One of the challenges for academic developers is the importance of appreciating the institutional context in which reflection on teaching is undertaken.

A second dimension of the context for reflection is the national higher education milieu. In three of the vignettes (Engineering 1, Management and Health), lecturers perceived that it was not so much their practices which were at fault but rather that students were under-prepared for university study, and that this was not adequately acknowledged. Thus there may be scant motivation for engaging reflectively to improve practices. Though 'massification' and the associated perception of an increasingly under-prepared new student body is a world-wide phenomenon, it has a particular resonance in South Africa where racial transformation is a major issue.

A third dimension of the context for reflection is personal. Staff in these three vignettes also indicated a certain resistance to new ideas, including the perspective that reflection tends to be self-confirming (Brockbank & McGill, 1998); for example, staff talked of always having taught this way, of always engaging students or of already having tried something innovative which did not work (e.g., peer marking). In the latter example there is some evidence of a staff member eventually re-thinking their approach. In contrast, in the Engineering 2 vignette, the staff member responded most positively to critique, and was able to come up with ideas for changing practices.

One of the challenges for this paper is to try to explain the influence of these contextual variables on the ability of academic staff to reflect on and to change practices. Context may be the most obvious and common-sense explanation concerning staff's willingness to engage in reflection to begin with, as illustrated in the single vignette where participation was voluntary (Engineering 2). However, the vignettes themselves suggest at least one other barrier to staff's ability to reflect and implement change – that of disciplinary knowledge and the lecturers' positioning in communities of educational practitioners.

The two Engineering and the Health subject areas have strong and developed disciplinary bases derived from well-established subjects (e.g., Physics and Biology). The variation in staff responses to critiques could, in part, be ascribed to their different levels of membership in their communities of teaching practitioners. The Engineering 1 lecturer did not appear to have developed a strong professional identity in the field, though this was in part counterbalanced by the lecturer's general pedagogic knowledge. However, the lack of robust tools for curriculum innovation in this particular teaching context (Muller, 2008) may reflect an absence of professional identity with colleagues with common discipline and teaching interests. A similar observation can be made about the health lecturers.

The lecturer in Engineering 2 had the strongest and most developed membership (and hence academic identity) and this, along with the lecturer's seeking to be evaluated rather than being required to do so, was an enabling factor in being able to reflect on and adapt practice. Even though the discussion did not go deeply into the nature of the subject being taught, the lecturer was still open to look critically into the processes that encourage and support students' learning. This knowledge of learning processes provided the lecturer with a lens to view practice and appreciate what works and what needs to be modified.

The Management course, on the other hand, has the weakest disciplinary foundation, with a focus on knowing how to do something rather than knowledge about why things are done. In addition, this vignette also demonstrated the weakest community of practitioners. A focus on 'knowledge-how' is related to both the background of the Management lecturers and the strong influence of industry on the course. The result was a more rigidly structured teaching and learning methodology rather than a more flexible approach based on both knowledge-how and 'knowledge-why' (Muller, 2008, p. 18). It does not have to be this way, however. Knowledge-how becomes knowledge-why when it is, for example, compared across different work contexts or across different historical periods. In doing so, the lecturers engage in both academic and pedagogic social practices that could enhance their sense of membership in a community, their academic identities, and their propensity to welcome and respond to change.

Conclusions

Our aim in this paper was to expand the notion of context in reflection on teaching practice as originally highlighted by authors such as Boud and Walker (1993) and McAlpine and Weston (2000) to include the robustness of the academic field and academic identity within various professional fields. Where the identity of the practitioner is strongly developed then they are more likely, given that other enabling conditions prevail, to conduct meaningful reflection and implement change. There are implications for new fields or regions in universities of technology where such a specialised identity and participation in communities of practitioners may be only weakly developed, and this in turn has implications for educational transformation.

The implications are that new fields may need more discussion, reading, and writing, in terms of both the content knowledge they are centrally concerned with and how this knowledge is best taught. This 'academic drift' is necessary in order to improve teaching and learning in the field as it provides the basis, through reflection, for change and development. Where the focus is on instrumentality then 'the knowledge that permits alternative possibilities to be thought' may be effectively silenced (Beck & Young, 2005, p. 193). However, more research about teaching and learning is needed within these new fields, for example in tourism and complementary medicine, before more robust generalisations can be made.

A fundamental contradiction must be acknowledged here. Where practices have been developed and refined over the years in well-established 'regions' (such as Engineering) then there may be strong adherence to the 'community' and a resistance to change. And this may particularly be the case where lecturers are required to respond to the need for transformation in South Africa. For example, a recurrent theme in reflection on teaching is that it is the students who are to blame for their lack of learning. Newer regions, then, may be more amenable to change as they are less set in their ways. The problem, however, of the means to effect change still remains.

Notes on contributors

Rejoice Nsibande is an education consultant for the Department of Education Innovation at the University of Pretoria, South Africa. Her responsibilities are to support academic staff in their professional development. This involves supporting academic staff in designing curriculum and encouraging them to develop best practices in teaching, learning, and assessment in higher education through customised workshops and individual consultation.

James Garraway is head of the Department of Extended Curriculum Programmes at Cape Peninsula University of Technology, South Africa. His work involves supporting academic staff in designing curriculum for these programmes and in developing their competencies with regard to teaching, learning and assessment in higher education.

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